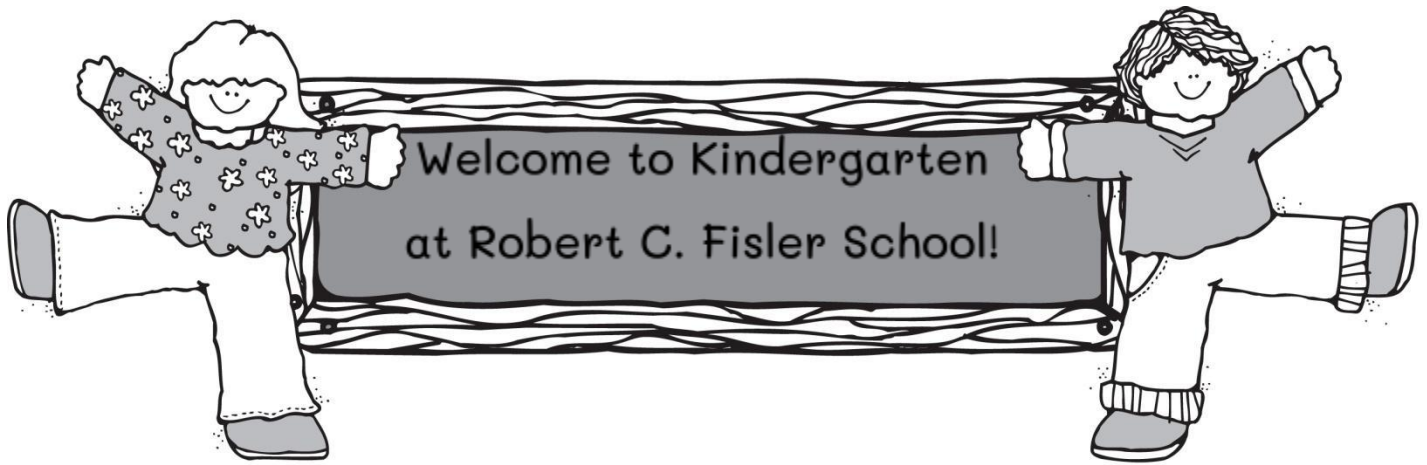




Welcome to Kindergarten!

Parent Handbook
Robert C. Fidler School
2022 - 2023





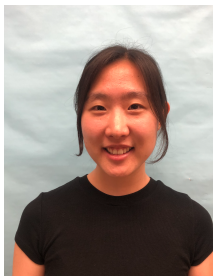
* Welcome to kindergarten at Fisler School! This is a new and exciting time for you and your child, and we are very excited to have your child in kindergarten this year. By working together, we will make kindergarten a successful and happy experience for everyone.

* To help you get started, we have put together a handbook of information. It is our goal to keep you informed and help you become prepared for this year as much as possible. In this handbook, we have included information about our kindergarten program. If you have any questions regarding the information found in this handbook or any further questions, please do not hesitate to contact us at school. The school phone number is (714) 447-2890.

Your Kindergarten Teachers for this Year

Room G1

Ms. Chae



Room G2

Mrs. Talbot



Room G3

Mrs. Moon





Kindergarten Today

* Kindergarten today is not what it used to be. When you were five years old and went to kindergarten, your day was probably spent playing with blocks, playing in the sandbox, coloring, painting, playing instruments, hearing stories, and learning about colors and shapes. In today's kindergarten the children do many of the same things you did in kindergarten, but they also do many of the things you probably did in first grade. Today the kindergarten curriculum includes:

- | | | |
|-----------------------------|--------------------------------|---------------------------|
| ~teaching the alphabet | ~identifying letter sounds | ~beginning writing skills |
| ~beginning reading skills | ~sorting, patterning, graphing | ~number identification |
| ~counting one-to-one | ~simple computation skills | ~computer skills |
| ~science and social studies | ~fine arts | ~physical education |

* Your attitude about school will set the tone for your child's attitude towards school. Children should come to school excited and confident about this new experience of "going to school." Your role as a parent is to encourage your child to look forward to school, for this is a big step forward in developing his or her independence. Be positive and tell your child that he or she will have lots of new and fun experiences.



10 Readiness Skills Kindergarten Teachers Would Like New Students to Have



- ✓ Enthusiasm toward learning
- ✓ Solid oral-language skills
- ✓ Ability to listen and follow directions
- ✓ Recognize and respect authority
- ✓ Desire to be independent
- ✓ Ability to play well with others
- ✓ Strong fine-motor skills
 - being able to hold a pencil correctly
 - being able to trace basic shapes
 - being able to hold scissors correctly and cut on a designated line
- ✓ Basic letter and number recognition
- ✓ Can identify his or her full name and recognize it in print
 - Can take care of personal needs such as...
 - getting jackets off and on, buttoning, snapping, zipping, and hanging them up
 - blowing their nose and covering their mouth when they cough or sneeze
 - opening up containers such as a juice box and putting the straw in
 - taking care of hygiene needs such as wiping, flushing, washing/drying hands

Our Kindergarten Schedule



Mondays, Tuesdays, Thursdays, Fridays

7:45 a.m.	Kindergarten Gate Opens
8:00 a.m.	School Begins
9:50 a.m. - 10:10 a.m.	Recess
11:40 a.m. - 12:20 p.m.	Lunch and Recess
2:00 p.m.	Dismissal

Wednesdays - Restructured Day

*All students attend from 8:00 a.m. to 11:55 a.m.

7:45 a.m.	Kindergarten Gate Opens
8:00 a.m.	Arrival time
9:50 a.m. - 10:35 a.m.	Lunch and recess
11:55 a.m.	Dismissal

Don't be late.
School is great!



Arriving to School

* **Prompt** arrival at school is important for establishing a positive transition between home and school. School begins promptly at 8:00 a.m.

* Your child should arrive at school approximately **ten minutes** before his or her arrival time (7:50 a.m.) This ten minute window of time allows an opportunity for students to put away their belongings and make the transition from home to school. It is important to establish a pattern of promptness in these early years.

* A student is considered "tardy" if he or she arrives after the designated arrival times and the ringing of the school bell. Tardiness is not only difficult for the child but also for the teacher and the entire class. Students who are tardy to school miss important directions, valuable instruction time, and doesn't allow for a smooth transition from home to school.

• • • • •
• **NOTE:** Dropping your child off during the first few weeks is sometimes a
• difficult time for the parent, child, or both. Most kindergarten students are excited
• about going to school, but some are apprehensive. When arriving at school, walk your
• child to the Kindergarten gate, cheerfully kiss him or her goodbye, and then leave
• promptly. It is very hard for some parents to do this, but it is even harder for the child
• and teacher if you don't. Some children may cry and cling to their parent when saying
• goodbye, while others will show no fear at all and may not even give their parent a kiss
• good-bye! Both attitudes are normal and probably depend on what your child's previous
• school experiences have been.
• • • • •



Dismissal Time

* Kindergarten students are to be picked up **promptly** from school at their designated dismissal time (2:00 p.m.. M/T/Th/F and 11:55 a.m. on Wed.) **Due to the teacher's schedule, it is not be possible for the teacher to supervise kindergarten students beyond their designated dismissal time.** Kindergarten students are **not allowed** to wait by themselves before school or after school for the dismissal of an older sibling.

* You will learn your child's pickup location on the first day of school. Due to safety issues, students will not be allowed to walk to their parent's car or cross the parking lot.

Who Will Pick Up Your Child?

Kindergarten students will only be released to authorized persons listed on the emergency form.

If someone other than an authorized person will be taking your child from school, please send a **written note** or **email** authorizing this arrangement.

Lunch Information

* Now that your child is in kindergarten, lunchtime will be an important part of his or her day. It is our goal to provide a well-balanced program that includes a time for learning, a time for playing, a time for resting, and a time for refueling our bodies with nutritional snacks. In order to make lunchtime a success, we have provided the following guidelines for your convenience.

- Kindergarten lunchtime is 40 minutes
- 20 minutes will be spent eating
- 20 minutes will be spent playing on the playground
- Please limit the amount of food that is packed for your child's lunch
- Your child needs to be able to eat his or her food within 20 minutes



What Should be Packed for Lunch?

**** A kindergarten lunch should include 2 healthy foods and a drink ****

Preferred Lunch Foods

- * One-half of a sandwich
- * Leftovers like rice, pizza, spaghetti, noodles, etc.
- * Yogurt, Pudding, Jell-O
- * Cheese and crackers
- * Pretzels
- * Vegetables
- * Fruit
- * Healthy granola bars
- * Lunchables (no candy)
- * Water

Lunch Foods Not Allowed

- * Candy
- * Soda



Please send your child's lunch to school in a lunch pail.

Please label **both** the **inside** and **outside** of the lunch pail with your child's name.

Miscellaneous Information:

- * Please discuss with your child what your expectations are for eating his or her lunch.
- * Discuss and practice good table manners. Students are expected to have good table manners at school. This includes cleaning up after themselves, not talking with food in their mouths, and raising their hands to be excused.
- * Discuss with your child that sharing of food with others is not allowed.
- * Please teach your child how to open and close drinks, juice, and food containers.
- * Don't forget to send silverware when necessary.
- * Please include a napkin for cleaning up and a "wipe" for cleaning hands before eating

***Lunchtime is a time during the day where we need parent volunteers.
If you would like to help out at lunchtime, please contact your child's teacher.***



Dressing for Kindergarten

* Choosing what to wear each day can be a learning experience for both students and parents. Parents are encouraged to discuss with their child how he or she should come to school dressed appropriately for a day in kindergarten. This is an opportunity to start lifelong habits that will affect your child in a positive way.

* Kindergarten can be a messy experience at times. It is recommended that clothing be . . .

~simple ~safe ~sturdy ~comfortable

* Washable play clothes are best. Fancy clothing is not appropriate. Students will be playing on the playground, painting, and so on, so clothing should be appropriate for these types of activities.

Here are some clothing "do's" and "don'ts"

1. No spaghetti straps. Tank top straps should be 2 inches in width.
2. T-shirts with inappropriate pictures or sayings are not acceptable.
3. When wearing a dress or skirt, girls should wear shorts underneath.
4. Closed-toed shoes should be worn at all times. Tennis shoes or sneakers are preferred. *Sandals, cowboy boots, Crocs are not allowed.
5. Jewelry is discouraged. It is a safety hazard on the playground.
6. Hats may be worn outside only.



*Please label all clothing items
with your child's name!*

*Many sweaters, sweatshirts,
and jackets end up in the "lost
and found" because of a missing
name.*



Every Wednesday is "School Spirit" Day

We are the home of the Navigators! Every Wednesday at Fisler School is "Spirit Day" and students are encouraged to wear a Fisler T-shirt or sweatshirt or our school colors which are navy blue and maroon.

◦Fisler School T-shirts may be purchased the first few weeks of school.

Home and School Communication



* Communication between parents and teachers is very important during your child's education. Both parents and the school are joint partners in the total education of your child. Any concerns that may arise should be brought to the teacher's attention as soon as possible. Your child's teacher can be reached by phone at school at (714) 447-2890 or via email.

Ms. Chae: esther_chae@myfsd.org Mrs. Talbot: kelly_talbot@myfsd.org

Mrs. Moon: amy_moon@myfsd.org

* If there is a change in routine at home, an illness, death or other family problem, please let your child's teacher know as soon as possible. Upsets in the home life usually result in a behavior change at school. The teacher can give better support to an upset child if she knows what is causing unusual behavior.



* Parents will be asked to complete an information card about their child the first week of school. This card lists important information such as addresses, phone numbers, authorized persons for picking-up your child from school, and so on. Please notify your child's teacher if at anytime there is a change in address, telephone numbers, transportation, child care, etc.

* Students should not come to school with a temperature above 99.5. Please call the office to report your child's absence. If the bell has rung, please check in at the office to obtain a tardy pass before coming to class.

Wednesday Folder



Fisler School has a "Wednesday Folder" which is used as the main connection between school and home. Your child will bring home the "Wednesday Folder" every week, and this folder will contain important information such as school-wide events, homework assignments, and classroom happenings.

* Wednesday Folders will go home on Wednesday and are to be returned to school no later than **Monday** of the following week. *

Parent Conferences

A time for "Parent Conferences" is scheduled at two different times during the year. The first parent conference will occur in September. The purpose of this conference is to establish goals for each child for the year. The second conference will be in March and the purpose of this conference is to assess your child's mastery of the kindergarten standards. It is extremely important that parents set aside time to attend these conferences.

Report Cards

Kindergarten students will receive a "report card" three times in the year. The first report card will be sent home in November. The second one will be given to parents during the spring conference in March, and the third report card will be sent home the last day of school. The kindergarten report card is aligned with the Common Core Standards and Fullerton School District Standards.



Birthdays

* Birthdays are a special time of year for most children. Each child's birthday will be recognized by your child's teacher and class on his or her special day. Your child's teacher will inform you of her specific procedure for celebrating birthdays.

* Although it is convenient to pass out birthday party invitations at school, birthday invitations may **NOT** be passed out at school.



Parent Volunteers

* Parent volunteers are a valuable asset to the kindergarten program and are always welcome!

* Volunteers are needed for coordinating class parties and special events, filing papers, preparing classroom material, working with children, attending field trips, assisting with physical education, supervising lunchtime, and much more!

* All volunteers must meet all of the criteria and be cleared by FSD in order to volunteer. Please contact the office for more information.

***** All school activities & procedures are subject to change depending on Covid-19 safety policies and protocols.**

Looking forward to the first day of school on Monday, August 15!